HOKKAIDO TRIATHLON

RACE INFORMATION

Bringing people together. That is the aim of HOKKAIDO TRIATHLON. Swimming in clear water of Lake Toya, riding through scenery you've dreamed about, and running in fresh air alongside the beautiful lake.
Time isn't everything. Take a pause, enjoy the scenery and the community.

Event Dates
Saturday, 17 August 2019 - Sunday, 18 August 2019

Race Date
Sunday, 18 August 2019

Race Location
Lake Toya & Mt.Yotei Area
(Toya Town, Sobetsu Town, Toyoura Town, Makkari Village, Rusutsu Village, Kimobetsu Town, Kyogoku Town)

Race Distance
Swim : 2.0km / Bike : 139.6km / Run : 23.1km Total Distance 164.7km　(based on 2018, now we are arranging)

Race Entrants
Maximum 350 entrants

Qualifications
- Is in good health condition and will listen to any and all instructions from Race organizer.
- Can respect traffic rules and regulation.
- Registered member of Japan Triathlon Union for 2019.
- Can participate Race Briefing, to be held afternoon 17 August.

Entry to HOKKAIDO TRIATHLON can only be done online.
Please click the link below to proceed to entry.
Any questions, don't hesitate to contact HOKKAIDO TRIATHLON at; contact@hokkaido-triathlon.jp 142, Toyako Onsen, Toyako-Cho, Abuta-Gun, Hokkaido, 049-5721

Organizer
Hokkaido Triathlon Executive Committee

Committee Members
Toyako Town, Sobetsu Town, Toyouora Town, Makkari Village, Rusutsu Villabe, Kimobetsu Town, Kyogoku Town, Kutchan Town, Rankoshi Town, Niseko Town, Toyako Onsen Tourist Association, Toya Tourism Association, Sobetsu Tourist Association, Toyoura Sightseeing Network, Makkari Tourism Association, Rusutsu Tourism Association, Kimobetsu Tourism Association, Kyogoku Tourism Association, Kutchan Tourism Association, Rankoshi Tourism Association, Niseko Resort Tourist Association, Hokkaido Triathlon Union

Race Management
Hokkaido Triathlon Union

Race Support
ATHLONIA Corp.

RACE SUMMARY
For a Persistent Race
HOKKAIDO TRIATHLON has been on a search for a sustainable and persistent method to run the race. One conclusion we came to is to hold the race with minimum road blocks. This beautiful race venue is also land of agriculture and tourism. The race and other activities should not interfere with each other, they need to be good partners. Race participants must respect all road regulations during the race. Race organizers will place staff and signs along the race course.

Road Regulations
Road blocks is kept to a minimum for the race. Participants must respect and obey all road regulations during the race such as Stop Signs, Traffic Signals, Keep Left. Local Law Enforcement will be present at certain sections of the course to ensure safety of both race participants an
d local traffic. Details to be announced.

Penalty
Please stick to the traffic rules such as “Momentary Stop” and “Crossing and Turning right”
There are more than 20 intersections and you need to stop momentarily.
Momentary Stop means the wheels have to be stopped completely.
When making right at the intersection, you are not allowed to take centerline and you have to take left side along the street.
You will be punished as 30 minutes penalty when breaking the traffic rules

Safety Measures
Race Organizer will support the participants by preparing aid stations, course staffs, Doctors, Rescue, Life Savers, Ambulance, Sag Wagon etc. However, the race course is long and is difficult for the Organizer to oversee every single section. Safety is your responsibility. Please look after yourself.

ENTRY
Please click the following URL.
https://amarys-jtb.jp/hokutora2019/

WITHDRAWALS
Athletes confirmed in the race who wish to withdraw, must do so in writing to the race office via email
info@ironman703.jp
Any requests received before 30 April 2019, 11:59 p.m. (JST) will eligible for 50% refund.
Any requests received before 30 June 2019, 11:59 p.m. (JST) will eligible for 20% refund.
Any requests received after 1 July 2019, 0:00 (JST) will not be eligible for refund under any circumstance.
System usage fees ¥1500 is applied to above policy as well